

The following is guidance based upon information gathered from the **Centers for Disease Control (CDC), OSHA and Cal/OSHA**.

**NOTE:** Fever is one method of a possible indication of COVID-19 respiratory infection; however, not everyone with a temperature has COVID-19 just as not everyone who may be contagious presents with a fever.

### **Temporal Thermometers:**

Temporal thermometers use an infrared scanner to measure the temperature of the temporal artery in the forehead. Temperature takers should keep as much distance from employees as they can.

### **Personal Protective Equipment (PPE):**

COVID-19 is spread through respiratory droplets on surfaces and produced when an infected person coughs, sneezes or talks. The recommended safe distance is 6 feet or use of a barrier that prevents contact with the droplets. Temporal temperature taking may result in the person taking the temperature (screener) coming within 6 feet of a potentially contagious person. As a result, the following PPE is recommended for the screener:

1. Gloves
2. Face mask
3. Face shield / eye protection
4. Gown (if available)

### **Removing PPE:**

When removing PPE, be sure to follow the proper guidance to prevent contact exposure.

1. Remove gloves from the inside out.
2. Remove face shield / eye protection. Wash hands or use sanitizer.
3. (If available) Remove gown by the ties, and ball up with the outside put onto the inside.
4. Remove face mask after washing hands. Do so using the straps only. Wash hands or use sanitizer.
5. ALWAYS wash hands or use a sanitizer after taking off PPE.

### **Usage** (General: follow the directions of the manufacturer):

To use thermometer:

1. Turn on the thermometer.
2. Gently sweep the thermometer across the client's forehead.
3. Remove the thermometer and read the number:
  - Fever: Any temperature 100.4 F or greater is considered a fever.
  - No fever: People with temperatures at or below 100.3 F may continue into the workplace using normal procedures.
4. Clean the thermometer with an alcohol wipe (or isopropyl alcohol on a cotton swab) between each employee. You can reuse the same wipe as long as it remains wet.

**Hygiene Practices:**

Continue recommended hygiene practices of washing hands with soap and water or use alcohol-based hand sanitizer (at least 60% alcohol) regularly, and do not touch your face after contact.

Sources:

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>

<https://www.osha.gov/SLTC/covid-19/standards.html>

<https://www.dir.ca.gov/dosh/coronavirus/Health-Care-General-Industry.html>

<https://www.cdc.gov/niosh/nptl/pdfs/PPE-Sequence-508.pdf>

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/using-ppe.html>

<https://www.cdc.gov/coronavirus/2019-ncov/hcp/dialysis/screening.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/homeless-shelters/screening-clients-respiratory-infection-symptoms.html>

<https://www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html>